

Activities for Everyone At South Cave WI Hall 2121

The W. I. hall has re-opened, but you must contact the group leaders to check there is room in the class.

Covid restrictions have caused some changes of timetable. These are the activities available :-

Monday

Zumba 9.30 – 10.30 (Contact - Sharon Davies, 01430 421987)

Yoga 10.30 – 11.30 (Contact - Sharon Davies, 01430 421987)

Zumba Gold 13.00 – 13.45 (Contact - Sharon Davies, 01430 421987)

Zumba 18.30 – 19.30 (Contact - Sharon Davies, 01430 421987)

Yoga 19.30 – 20..30 (Contact - Sharon Davies, 01430 421987)

Tuesday

Seated Yoga 13.00 – 13.45 (Contact - Sharon Davies, 01430 421987)

Cave Players Drama Group 19.15 – 21.15 (Contact- Neil Harker 01430 424497)

Wednesday

U3 A Art 2nd & 4th Wednesdays 10 -12 (Contact – Malcolm Tather 01430 421983)

Line Dancing 14.00 – 15.00 (Contact- Paul Smith, 07366981186)

Zumba 18.30 – 19.30 (Contact- Sharon Davies, 01430 421987)

Yoga 19.30 – 20.30 (Contact- Sharon Davies, 01430 421987)

Thursday

Zumba 9.30 -10. 30 (Contact- Sharon Davies, 01430 421987)

Yoga 10.30 – 11.30 (Contact - Sharon Davies, 01430 421987)

Crafty Ladies 1st Thursday 2.30 – 4.30 (Contact - Pat Clegg 01430626346)

W. I. 2nd Thursday 2.30 – 5.00 (Contact - Pat Clegg 01430626346)

Friday

Line Dancing 14.00 – 15.00 (Contact- Paul Smith, 07475869287)

Cave Players Drama Group 18.15 – 21.15 (Contact- Neil Harker, 01430 424497)

For details on hiring the hall please contact Margo Buckley
margo.130@btinternet.com or phone 01430 424411.