



The council has launched Your Life Your Way, a website hub featuring a vast range of information on how to stay independent and access support for both carers and East Riding of Yorkshire residents. It will help people to self-serve and enable anyone to get timely advice. This enhances the personal touch, giving choice and control to residents.

Visitors to the website will find guidance on staying active and independent. If you have any care needs there are contact details for vital services and information on how to access the technology available through our Lifeline service that can support independence.

You will also find:

- Advice and support for any stage of your adult social care journey
- Information and help to stay active and look after yourself
- Information on over 300 local groups and activities
- Local community and care services
- Personal budgets, payments, and a benefits calculator
- Help to work out what you need to pay towards care
- Support for carers including a FREE Carers UK digital resource
- Lifeline, aids, equipment, and adaptations

We understand that for most people, staying independent is important to ensure you live a happy and fulfilling life and Your Life Your Way provides the information and guidance to get you the right support at the right time.

To find out more visit www.yourlifeyourway.uk

A promotional banner for the "Your Life Your Way" website. It features the logo in the top left corner. Below the logo is a photograph of a smiling woman with blonde hair and an older man with glasses, both looking at each other. To the right of the photo is a dark red vertical bar containing white text. At the bottom of the banner is the East Riding of Yorkshire Council logo and name.

**YOUR LIFE
your way**

If you or your family have any care needs **Your Life Your Way** can help you get the right care and support at the right time

To access information, support and services, visit:
yourlifeyourway.uk

EAST RIDING
OF YORKSHIRE COUNCIL